

Teacher Lesson Plan

Content Area(s)/Course/Grade:
Prek-1st

Unit: Helmet Use Video

Lesson Topic:
Helmet Use

Date:

Teacher:

School:

Lesson Aim/Objective(s):

1. By the end of this lesson, students will be able to explain the importance of wearing a helmet when riding a bicycle.
2. Review appropriate way to wear a helmet (2 finger spacing between chin and helmet).

Material(s):

Helmet Use Video
Rebus Sentences
Sequencing Activity Images
Dot-to-dot activity page

TEKS

See curriculum overview.

English: <https://harleyandhobbitroadsafety.com/curriculum/overview-teks/>

Spanish: <https://harleyandhobbitroadsafety.com/spanish-version/overview-and-teks-spanish/>

Instructional Delivery

Motivation:

"What happens when you fall?" - Review gravity

"Where is our brain?" "What does the brain do?" - Review key jobs of the brain.

Instruction/Procedure(s):

1. Show Helmet Video.
2. Class discussion: "What important lessons did this Harley teach us today?" continue to talk through the lesson, use the sequencing activity to review the story.
3. Students color images in sequencing activity and put them in order.
4. Dot-to-Dot helmet activity page.

Assessment/Evaluation Activity

Oral - Students explain how to put on a helmet correctly and why it is important to wear one.
Tactile- have students "Pretend" how to put on a helmet correctly include fastening the strap under the chin. Question students about each step. (Strap around ears, two-finger spacing between chin and clasp.)

Follow Up

1. Use rebus sentences to practice reading about helmets.
2. Students can illustrate rebus sentences.
3. Review Poem:
 Stop, look and listen, before you cross the street! Use your eyes and use your ears when you pedal with your feet.
 Stop, look and listen, before walking near a street! Use your eyes and use your ears while walking safely with your feet.

Differentiation Ideas

1. Invite a local law enforcement officer that rides a bicycle to come and bring his/her helmet. Ask them to talk about what they wear to stay safe when riding. Note: If you do not have officers that ride bicycles, you could also invite an officer that rides a motorcycle or horse while patrolling.
2. Bring a helmet to school, and model for students how to put on a helmet correctly. (or have another teacher/staff model if you do not have a bicycle helmet to use.)