

# Teacher Lesson Plan

Content Area(s)/Course/Grade: 2 <sup>nd</sup> -4 <sup>th</sup>	Unit: Helmet Use Video
Lesson Topic: Helmet Use	Date:
Teacher:	School:

## Lesson Aim/Objective(s):

1. By the end of this lesson, students will be able to explain the importance of wearing a helmet when riding a bicycle.
2. Review appropriate way to wear a helmet (2 finger spacing between chin and helmet, ear is between the "V" in the strap.)

## Material(s):

Helmet Use Video  
One Egg (hardboiled)  
Picture choices for writing prompts (sequencing pictures)  
Helmet use sentences activity sheet.

## TEKS

See curriculum overview.

English: <https://harleyandhobbitroadsafety.com/curriculum/overview-teks/>

Spanish: <https://harleyandhobbitroadsafety.com/spanish-version/overview-and-teks-spanish/>

## Instructional Delivery

### Motivation:

Hold an egg and ask students what will happen if you let go of the egg. Review/discuss the power of gravity.

*Note: You could drop the egg to demonstrate what happens when an egg is dropped. If you do this option, you could use a hard-boiled egg to show damage with less mess.*

### Instruction/Procedure(s):

1. View the video on helmet use.
2. Discuss the main points of the video. Stress the importance of wearing a helmet correctly.
3. Provide the students with one of the pictures (from sequencing pictures) to use as a writing prompt, students write a poem, or a persuasive paper on the importance of wearing helmets.
4. Have students share their story with a partner.

### **Assessment/Evaluation Activity**

Oral or written- Students explain how to put on a helmet correctly and why it is important to wear one.

Descriptive writing - have students write the directions (or a helmet wearing recipe) for appropriately wearing a helmet.

Tactile- have students "pretend" to put on a helmet -including the strap around the ears, and two fingers between clasp and chin.

### **Follow Up**

1. Review Poem:

Stop, look and listen, before you cross the street! Use your eyes and use your ears when you cross the street.

Stop, look and listen, before walking near a street! Use your eyes and use your ears while walking safely with your feet.

2. Students complete the "Helmet use sentences activity sheet."

### **Differentiation Ideas**

1. Re-enact the video scene with the dropped carton of eggs.

2. Have students research gravity and recreate a power point that explains gravity.

3. Invite a local law enforcement officer that rides a bicycle to come and bring his/her helmet. Ask them to talk about what they wear to stay safe when riding. Note: If you do not have officers that ride bicycles, you could also invite an officer that rides a motorcycle or horse while patrolling.